

COVID-19 Parent/Carer Information Sheet for Children Attending School

Recognising Coronavirus (COVID-19) symptoms

As we return to school, we are seeing the usual increase in children contracting the common cold. As children have not been in close contact with each other for several months this has been even more widespread than usual. If you or your child have a cold then they can still come to school. Some cold symptoms can be similar to COVID-19 and this can be confusing. If your child has a runny or stuffy nose and does not have a temperature above 37.8°C then they are likely to have a cold, not COVID-19. In this instance, they should still come to school. The illustration may help you distinguish between the symptoms. If you are unsure, please call school and the school nurse team can give you advice.

Symptoms	Coronavirus Symptoms range from mild to severe	Cold Gradual onset of symptoms	Flu Rapid onset of symptoms
 Fever (37.8°C or above)	Common	Rare	Common
 Fatigue	Sometimes	Sometimes	Common
 Cough	Common (usually dry)	Mild	Common (usually dry)
 Sneezing	No	Common	No
 Aches and pains	Sometimes	Common	Common
 Runny or stuffy nose	Rare	Common	Sometimes
 Sore throat	Sometimes	Common	Sometimes
 Diarrhea	Rare	No	Sometimes (for children)
 Headaches	Sometimes	Rare	Common
 Shortness of breath	Sometimes	No	No

If your child develops symptoms at school

If your child develops symptoms in school, you will be contacted to arrange collection as soon as possible. If we have confirmation of a child testing positive then we may be advised to send a year group home. Please make sure your contact details are correct and up to date. Your child will be given the contact details we have for you by their form tutor and will be bringing this home with them today. There will also be a consent form on the back where you will be able to give permission for your child to leave the site and return home during the day if the year group should need to be sent home. If there are any changes, please amend these on the form and return it to school no later than **Monday 21st September**.

What to do if your child develops symptoms at home

If your child develops any of the following symptoms they should immediately self-isolate:

- a new continuous cough **and/or**
- a fever (temperature of 37.8°C or higher)
- a loss of or change in, normal sense of taste or smell (anosmia)

They should not attend school and parent/carers should follow the steps below:

1. Stay at Home.

Your child must self-isolate for 10 days starting from the first day of their symptoms and the rest of the household must self-isolate for 14 days, following the Stay at Home Guidance.

www.gov.uk/government/publications/covid-19-stay-at-home-guidance

2. Notify the School

Please notify us as soon as possible if your child develops symptoms, by calling 01902 558 333, option 1

3. Arrange a Test

Anyone with Covid-19 symptoms, including children should get tested as soon as possible but certainly no later than 5 days from when the symptoms started. A test can be arranged via NHS UK <https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/> or by calling **119** if you do not have internet access. Please contact the school if you are having difficulties arranging a test.

You must notify the school when you receive the test result.

A Negative Result

If your child tests **negative** for Covid-19, they can return to school and the rest of the household can end their isolation as long as:

- everyone who they live with who has symptoms also tests negative
- everyone in their support bubble who has symptoms also tests negative
- they were not told to self-isolate for 14 days by NHS Test and Trace
- They do not feel well – if they feel unwell they should stay at home until they feel better

A Positive Result

If your child tests **positive** for Covid-19 they must continue to self-isolate for 10 days, from the first day of their symptoms and the rest of the household must continue to self-isolate for 14 days. If any



other member of the household starts to show symptoms, they should arrange a test within 5 days of the symptoms starting.

You must notify the school of the positive test result.

You will be contacted by the NHS Test and Trace Service to discuss where your child has been recently and who they've been in close contact with. This will help the NHS contact anyone who may have caught the virus from them. You'll be contacted by email, text or phone. Text messages will come from 'NHS tracing'. Calls will come from 0300 0135000. In preparation for this, it is recommended you start making a list of places your child has visited recently and people they have had close contact with as soon as their symptoms appear.

For more information about the Test and Trace Service visit: <https://www.nhs.uk/>

After 10 days from the start of their symptoms your child can return to school if they have not had a fever (temperature of 37.8°C or higher) within the last 48 hours. The rest of the household must continue their isolation until the end of the 14 day period.

Covid-19 in Children

Children can get Covid-19 but they seem to get it less often than adults and it is usually less serious. Further advice about Covid-19 in children can be found at <https://www.nhs.uk/> by calling 111.

Remote learning

If your child's year group has to self-isolate at home for two weeks then we will continue to teach their full timetable via Microsoft TEAMS. All pupils have now been shown how to access their classes on TEAMS including any worksheets and other resources. Help sheets have also been emailed out to pupils.

We will expect pupils to logon to the tutor group TEAMS at the start of the school day at 9.15am every morning. Pupils will then follow their normal timetabled day lessons for the day. Teachers will be teaching live lessons through TEAMS and also setting the work on class charts.

If your child does not have access to a device or Wi-Fi please contact us and we will loan you a device or send home paper copies of the work. The examination year groups, 11 and 13 will be the priority for the loan of any device.