



BTEC LEVEL 3 SPORT

Extended National Certificate (A level equivalent)

EXAM BOARD:

Edexcel

CONTENT

4 units:

- Anatomy and Physiology
- Fitness Training and Programming for Health, Sport and Well-being
- Practical Sports Performance
- Professional development in the sports industry

COURSE STRUCTURE

1ST YEAR – 2 UNITS WILL BE COMPLETED:

- Anatomy and Physiology (externally assessed/ examination)
- Practical Sports Performance (internally assessed/ assignment based)

2ND YEAR – 2 UNITS WILL BE COMPLETED:

- Fitness training and programming for health, sport and well-being (externally assessed/ examination)
- Professional development in the sports industry (internally assessed/ assignment based)

METHOD OF ASSESSMENT

1st year: 50% Examination and 50% Assignments

2nd year: 50% Examination and 50% Assignments

ENTRY REQUIREMENTS

- Merit at BTEC Level 2 Sport
- 6 or above at PE GCSE

“I have only been doing this course two months, and I find it fascinating already, the way that we practically learn helps you to remember information securely”.

