

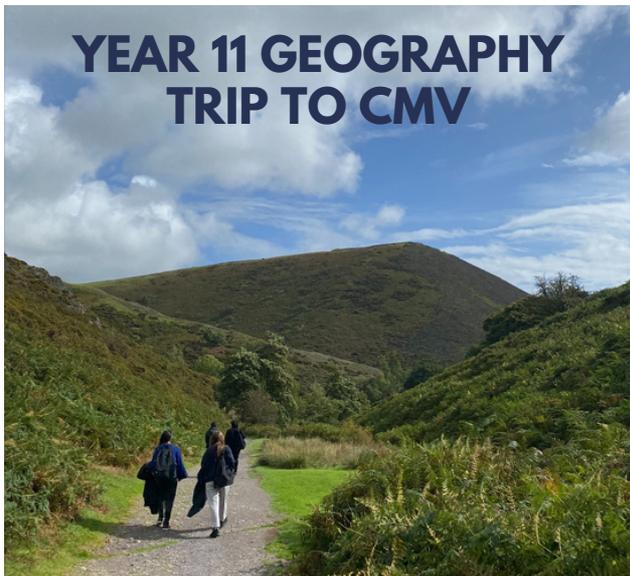
ST REGIS ACADEMY



NEWSLETTER

29th Sept 2023

YEAR 11 GEOGRAPHY TRIP TO CMV



Our Y11 GCSE geography students recently visited Carding Mill Valley to gather data to support with their GCSE Exam Paper 2.

The weather was kind and a great time was had by all. As always, the students were a credit to themselves and St Regis!



UPCOMING EVENTS

October is Black History Month
Wednesday 4th October Opening Evening 6pm - 8pm - free meal available!



Thursday 12th October Open Morning 10am - 12pm

MESSAGE FROM MR PARRY

It has been lovely to finish this week with our Macmillan Coffee Morning today and we enjoyed welcoming some Year 7 parents into school as part of this.

We have been busy preparing this week for our upcoming Open Events. On Wednesday 4th October we have our Open Evening from 6pm - 8pm. We are looking forward to inviting students to be part of these events and showcase what a wonderful academy St Regis is. We would strongly urge any parents to come to school on the evening and see what we do here. Spread the good word about St Regis and bring a friend along please - a free hot meal is available!

Over the coming weeks, we also have a range of visitors coming into school to deliver a wonderful variety of educational experiences for our students from: GCSE English Macbeth with Central Youth Theatre; to anti-knife crime awareness with Saltmine; to Year 7 finance talks from HSBC.

Have a great weekend!

Mr E Parry
Principal





YEAR 13 TRIP TO NORWICH CATHEDRAL & WALSINGHAM

Our Y13 RE class visited Norwich Cathedral and the pilgrimage site of Walsingham last week and had the opportunity to explore the various places of worship which they learn about in the curriculum. The students had some big questions answered at both sites by experienced local vicars and volunteers about Christianity, Philosophy and Ethics. The students had an enjoyable and enriching time away, seeing theology in practice.



YEAR 7 – PROSPER
YEAR 8 – ALEXANDER
YEAR 9 – KAYDN
YEAR 10 – SHIA
YEAR 11 – ELIJAH
YEAR 12 – JASDIP
YEAR 13 – EVELYN

CHESTER – JAIMEE
LICHFIELD – FINLEY
WORCESTER – KAYDN

**HOUSE OF THE WEEK
IS LICHFIELD!**

OUR COMMITMENT TO SAFEGUARDING AND CHILD PROTECTION

At St Regis CE Academy we are committed to safeguarding children and young people and we expect everyone who works in our school to share this commitment. Adults in our school take all welfare concerns seriously and encourage children and young people to talk to us about anything that may worry them.

ST REGIS SAFEGUARDING CONTACTS

Designated Safeguarding Leader: Mr T Barradas-Lingard (Vice Principal)

Deputy Designated Safeguarding Leaders:
Ms T Bird (Safeguarding Manager)
Mrs S Douglas (Head of Year 7)

Attendance & Punctuality Officer: Mrs K Barratt



**PLEASE SEE BELOW
FOOD PRICE LIST AS OF
SEPTEMBER 2023.**



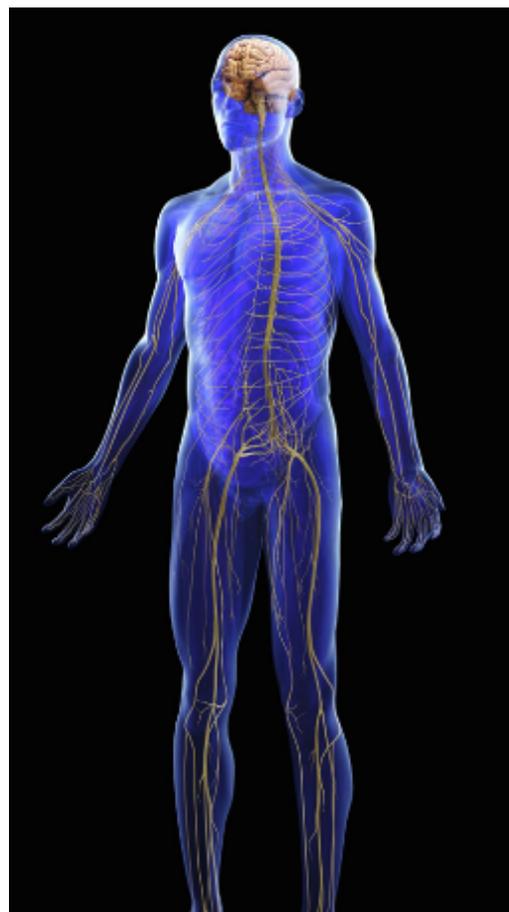
Tariff September 2023

DRINKS		PRICE	BREAKFAST		PRICE
Water 330ml		80p	Breakfast Roll		£2.05
Fruit Slush – Med/Lrg		90p/£1.45	Small Breakfast Baguette		£1.40
Capri Sun		£1.30	3 Piece Breakfast Pot		£2.00
Dalston Cans		£1.40	Toast with Butter or Jam		35p
Radnor 200ml Carton		£1.10	Pancake with Topping		£1.25
Milk / Flavoured Carton		£1.00	Waffle with Topping		£1.55
HOMEBAKES			Pastries & Croissants		£1.55
Muffins		£1.30	Cereals + Milk		90p
Mini Cakes		From 40p	Porridge for Staff		Free/ £1.05
Cookies		£1.15	Porridge for Students		Free
Chocolate / Cheese Straw		£1.15	Porridge Toppings		40p Each
HOT GRAB & GO			COLD GRAB & GO		
Ciabatta		£3.20	Roll		£1.00
Panini		£2.60	Sub		£2.05
Toastie		£2.15	Wrap		£2.60
Loaded Nachos		£2.25	Street Vibes & Naturally		From £2.85
Garlic Dough Balls		£1.40	Baguette		£2.65
Burrito		£2.65	Cold Pasta Pot – Med/Lrg		£1.00/£2.50
Chicken Wings		£2.15	Sml Self-Serve Salad		£1.80
Shawarma		£2.65	Bar		£1.20
Pizza Slice		£1.50	Houmous Pot		£1.60
Street Vibes		£2.60	Edamame Beans		£3.00
Naturally (V / Ve)		From £2.65	Sushi		£1.00
Hot Pasta Pot – Med/lrg		£2.15/£2.50	Yoghurt/Jelly/Fruit Pots		55p
Jacket Potato – 1 Topping		£2.05	Whole Fruit		

VAT on hot food and beverages will be charged at the current rate for all staff members

From the Chaplain...

"Live in peace and harmony," wrote St Paul in his second letter to the church at Corinth; a diverse community of people if ever there was one. A bit like us then! And it was not the first time that he had encouraged them to value one another's gifts and experience. In his first letter he had written to them all about how a body works together, each part of the body needing and relying on each other part to do its role to the best of its ability in order for the whole body to be happy, healthy and to function the way it should. Indeed, this week we have considered how just a small thing such as an appendix, with no obvious role to play, can bring the whole body to a stop if it gets infected. And how just recently researchers have been discovering more about the important roles that the appendix plays in immunity and in the digestive system. In the same way, how often do we overlook and under-appreciate those members of our community who quietly go about their work without drawing any attention to themselves but on whom we all rely?



Of course, it is not all just about our different job roles. Our gifts and contributions to the community come in all manner of forms including our wisdom and experience or our ability to cheer and encourage. It can be the youngest members of our school community that sometimes share the wisest words and the most honest thoughts or who might take the time to ask us how we are or show us their appreciation for something we have done.

Like the Corinthians, we are all very different. We have different backgrounds and traditions, we have different opinions and ways, we have different political and religious views. So how do we live together in peace and harmony? I am not going to pretend that this is ever going to be easy!

At the heart of our school vision is the assertion that we are all unique and created in God's image. If we are to live in harmony together, perhaps a good place to start is by our being attentive to one another. Let us take an interest in one another's ideas and well-being. Let us also celebrate and rejoice in our diversity... in all its forms. As we listen to one another, let us try not to see our different ways and views as a threat, but as an opportunity to find out more. And finally, let us choose kindness. It is inevitable that we will disagree on many things, but by choosing to value and respect one another let us seek peaceful and creative ways forwards together that we might flourish both as individuals and as the community we were created to be.

Have a good weekend!

