

# Who will I meet at university?

### Support and Guidance

**Outreach Team** 



### Who will I meet at university?

- Whether you choose to live at home or at university, meeting new people is a guaranteed part of student life
- Many prospective students are understandably a little nervous about different aspects of university life – particularly meeting new people
- Every person you meet can support you and enrich your university experience in a different way
- Let's think about who you might meet at university...





### New friends

Clubs/Societies /Sports Team

### Academic Staff Housemates

### Who will I meet at university?

### Technicians

### Porters/Catering/ Transport staff

Student Support



### Student Support

- We know that it takes time to adjust to student life
- Your new lifestyle will include;
- Different ways of studying
- New social opportunities
- Living away from home (if you want to)
- Financial decision making e.g. budgeting
- Social opportunities such as events and trips
- Whilst university is a chance to become more independent, there is a team to support every aspect of student life



### Let's see if you can match the team to their role...



### Activity 5-10 minutes

#### Chester Matching Activity: match the team to its role The Library Study Skills Careers The Student's Union Student Support and Guidance Personal Academic Tutor Similar to your form tutor and usually a subject lecturer (teacher) on your course. We'll meet regularly to discuss your progress. I can support you with anything relating to your studies, and direct you to the right person to help with anything else. I am: We support many elements of student life, social activities, clubs, societies and sports teams, but are also the 'voice' of the students within the university. Your course will have an appointed Student Experience Representative (SER) to share your views with university management. You could even become a SER. We are: We can offer advice and support for all aspects of student life, including your studies, settling in, finances, finding a peer-mentor, counselling, mental health and well-being. On starting university, we should be your first stop, so you know exactly how to access support when you need it. We are: Working closely with the subject lecturers (teachers) to provide workshops and one-to-one support to help you with key skills such as time-management, essay-writing and presentations. We also provide tailored support for students with specific learning needs. We are: A huge learning resource that allows you to access thousands of books, online articles, journals, ebooks, and archives. You can also use a computer, book a study pod to meet with your course-mates, borrow a laptop, get IT support, or talk to our expert staff who can help you to find what you're looking for. We are: We support students by helping them to find work experience as part of Work-Based Learning. We can also help you to find a part-time job to help finance your studies, and provide one-to-one careers guidance as well as CV and application workshops to help you in finding your dream job. We are:



## How did you do?

#### Let's look through the answers





### Personal Academic Tutor (PAT)

- Similar to your form tutor and usually a subject lecturer (teacher) on your course
- You'll meet regularly to discuss your progress
- Provides support you with anything relating to your studies, and direct you to the right person to help with anything else
- The first person to go to with any questions/issues
- Probably the member of academic staff that you'll get to know best



### The Student's Union (SU)

- Support many elements of student life, social activities, clubs, societies and sports teams
- Most importantly, the SU is the 'voice' of the students within the university. Your course will have an appointed Student Experience Representative (SER) to share your views with university management. You could even become a SER.
- The SU also usually has a bar, café or social space and is a popular meeting place for students



### Support and Guidance

- Offers advice and support for all aspects of student life, including your studies, settling in, finances, finding a peer-mentor, counselling, mental health and well-being
- On starting university, we should be your first stop, so you know exactly how to access support when you need it
- There are teams for every aspect of the student experience



### Study Skills

- Work closely with the subject lecturers (teachers) to provide workshops and one-to-one support
- Can help you to develop key skills such as timemanagement, essay-writing and presentations
- Provide tailored support for students with specific learning needs
- Everyone has to adjust to the different learning methods used at university, so make sure you use everything the Study Skills team have to offer



### The Library

- A huge learning resource that allows you to access thousands of books, online articles, journals, ebooks, and archives
- You can also use a computer, book a study pod to meet with your course-mates, borrow a laptop, get IT support
- Expert staff who can help you to find what you're looking for -each subject area has a trained librarian



### The Careers Team

- Support students by helping them to find work experience as part of Work-Based Learning (most university courses encourage students to try working in their chosen industry whilst still studying)
- Can also help you to find a part-time job to help finance your studies
- Provide one-to-one careers guidance, as well as CV and application workshops to help you in finding your dream job



### Remember:

- It's easy to feel daunted by the idea of meeting so many new people
- The good news is that there is someone there to support you with every aspect of university life
- Every person, whether it's a member of staff, a coursemate or friend can enrich your university experience
- Developing your independence is an important part of the university experience but it doesn't mean doing everything alone
- Don't be afraid to ask questions everyone starts off in the same boat





### Any questions?