

**WEEK COMMENCING**  
 6/11/2023 27/11/2023 18/12/2023 08/01/2024 29/01/2024 19/02/2024  
 11/03/2024 01/04/2024 22/04/2024 13/05/2024 03/06/2024  
 24/06/2024 15/07/2024

(V) - VEGETARIAN  
 (VE) - VEGAN

## CLASSIC HOT & HEARTY

### CLASSIC MAIN MEALS

### VEGETARIAN MAIN MEALS

#### MONDAY

Fragrant Chicken Tagine with Jewelled Lemon Couscous

#### TUESDAY

Classic Beef Lasagne, Garden Salad & Homemade Garlic Bread

#### WEDNESDAY

Salt & Pepper Roast Chicken, Crisp Roasties, Roasted Root Vegetables & House Gravy

#### THURSDAY

Chicken Tikka Masala, Wholegrain & White Rice, Kachumber Salad & Mango Chutney

#### FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

#### MONDAY

Harissa Roasted Sweet Potato & Chickpea Tagine with Jewelled Lemon Couscous (VE)

#### TUESDAY

Vegetable & Mixed Bean Lasagne, Garden Salad & Homemade Garlic Bread (V)

#### WEDNESDAY

Crunchy Topped Macaroni Cheese, House Salad or Seasonal Vegetables (V)

#### THURSDAY

Goan Potato & Spinach Curry, Wholegrain & White Rice, Kachumber Salad & Mango Chutney (VE)

#### FRIDAY

Roasted Provencale Vegetable & Feta Pasty with Chips & Peas (V)

### DESSERTS

#### MONDAY

Berry & Apple Crumble with Custard

#### TUESDAY

Sticky Toffee Pudding with Butterscotch Sauce

#### WEDNESDAY

Pear & Cocoa Sponge with Custard

#### THURSDAY

Apple & Chocolate Pinwheel

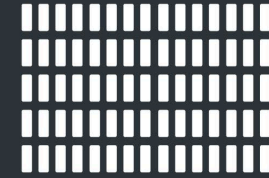
#### FRIDAY

Manager's Special

**Fruit & Yoghurt Pots Available Daily**

**HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily**

**JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily**



#### MONDAY

Buffalo Cauliflower Wings on Salt & Pepper Wedges (V)

#### TUESDAY

Greek Souvlaki Chicken

#### WEDNESDAY

Korean Crispy Fried Chicken

#### THURSDAY

Mei Goreng Indonesian Fried Noodles (V)

#### FRIDAY

Manager's Street Vibes Special

## NATURALLY

#### MONDAY

Sweet Chilli Glazed Vegan Bites (VE)

#### TUESDAY

The Big Plant Burger (VE)

#### WEDNESDAY

Vegetable Gyozas in a Chilli & Ginger Broth (V)

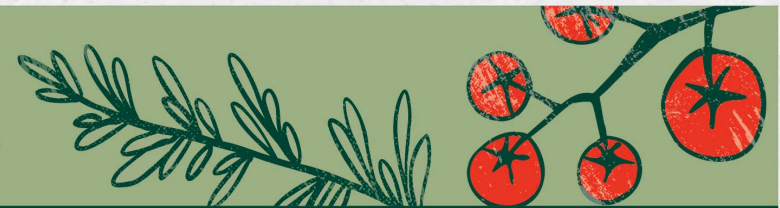
#### THURSDAY

Lentil Buddha Bowl (VE)

#### FRIDAY

Vegan Bean & Jalapeno Burrito (VE)

## TRATTORIA



#### MONDAY

Tomato & Basil Pasta

#### TUESDAY

Manager's Special

#### WEDNESDAY

Mozzarella & Tomato or Spicy Sausage, Cheese & Tomato Pizza

#### THURSDAY

Manager's Special

#### FRIDAY

Mozzarella & Tomato or BBQ Chicken, Cheese & Tomato Pizza

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.

