

# ST REGIS ACADEMY



# NEWSLETTER

21st Dec 2023



- YEAR 7 – ELENA
- YEAR 8 – MIA
- YEAR 9 – GURSHAN
- YEAR 10 – JAIMEE
- YEAR 11 – DENNIS
- YEAR 12 – STUART
- YEAR 13 – KIRA

St Regis School kicked off their festive celebrations with a Christmas Rewards Roller Disco ensuring students were rewarded for their superb efforts this term. Over 200 students were invited to attend. The event went down a treat. Students that had not skated before were given enhanced tutorials to support them. The skaters, laughed, fell, bonded but most of all enjoyed themselves and appreciated the opportunity and experience. This was the first of this type of event to be held within school, and students have already requested this again next year.

**CHESTER – GURSHAN**  
**LICHFIELD – INIOLUWA**  
**WORCESTER – ORAYNNA**  
**HOUSE OF THE WEEK**  
**IS CHESTER!**

Furthermore, as part of staff well-being, all staff members were invited to attend afterschool to also take part. What a brilliant way to end the term.

**Mr J Burns**  
Assistant Principal Behaviour for Learning



# PARENT GOVERNOR

St Regis is looking for a Parent Governor to join its Governing Body!

**GOVERNANCE  
AT ST REGIS**

Please download the application form from our website.

## IMPORTANT RESOURCES FOR A SAFE CHRISTMAS

Reflexions is a service which operates from 9am to 5pm Monday to Friday (Excluding Bank Holidays). If you need to speak to someone during our opening times please contact your local Reflexions team via the contact details below:

Dudley Team – 07881 338647 / 01384 324 689

Walsall Team – 01922 607 400

Sandwell Team – 0121 612 6620

Wolverhampton Team – 01902 444 021

**SUPPORT**

If you need emergency support during or outside of our working hours, please follow the advice below:

- Call your out-of-hours GP service
- Contact our 24/7 Black Country Mental Health support line which is available for Black Country residents of all ages:  
Call: 0800 008 6516      Text: 07860 025281
- Call the Black Country Healthcare main switchboard on 01902 607 000
- Contact the CAMHS Crisis team (Between 08:00-20:00)  
Wolverhampton: 07900 226390      Walsall: 07824 565766  
Sandwell: 07816 075218      Dudley: 07435 996296
- For urgent medical attention, attend your local emergency department or contact 999

 **PAPYRUS**  
PREVENTION OF YOUNG SUICIDE

HOPELINEUK is a confidential support and advice service for young people under the age of 35 who are experiencing thoughts of suicide.

Call: 0800 068 4141 Text: 07860 039 967  
Open every day 09:00am to 12:00am (Midnight)

 **SAMARITANS**

Provides confidential emotional support 24 hours a day.

Call or text 116 123  
or use the self-help app.

 **childline**  
ONLINE, ON THE PHONE, ANYTIME

Childline is a free, private and confidential service where you can talk about anything online or on the phone.

Call: 0800 1111  
[www.childlines.org.uk](http://www.childlines.org.uk)

 **kooth**

An online mental health and wellbeing support service for young people aged between 11 and 18 years old.

[www.kooth.com](http://www.kooth.com)  
You can access a text-based chat with a counsellor, track changes in mood, and set goals.

**RIISING TREND: FINANCIAL FRAUD WITH YOUNG PEOPLE**

**CHILD FINANCIAL EXPLOITATION**

## From the Chaplain...

The Christmas story is one of hope and joy in dark times. As we prepare to celebrate with our families and friends, we are aware that some of the same challenges are still very present in our world today: the occupation of one country by foreign powers, homelessness and hunger, people fleeing their countries to find a place of safety, travellers not being made welcome... And so, as we start our long awaited holiday and remember God coming into our world as a vulnerable human baby, we pray that peace, hope, justice and compassion are born among us once again this Christmas.

May God bless you and, in loving mercy, grant peace in this world,  
peace in this nation,  
peace in our school,  
peace in our homes  
and peace in our hearts.  
In the name of the Prince of Peace. Amen



Mrs Douglas & Miss Bird



2023 Christmas Services



The St Regis CE Academy  
Christmas Service  
Wednesday 20<sup>th</sup> December 2023

